

Consultation Form

In order for *Nature's Way Mobile Massage* to provide safe treatment, please complete the form below.

As far as you are aware, do you currently have or are you are affected by any of the conditions below?

	Yes	No
Infection, fever, diarrhoea or vomiting		
Under the influence of alcohol or recreational drugs		
Pregnancy		

	Yes	No
Recent accident-causing injuries such as whiplash, concussion		
Regular headaches, migraines – not advisable to treat if suffering migraine at appointment		
Severe arthritis in area to be treated (early stages ok)		
Circulation problems – high and low blood pressure		
Diabetes (suffer with loss of feeling, healing problems and can bruise easily)		
Heart problems, thrombosis, haemophilia		
Breathing problems, asthma		
Recent surgery – depending on what/where it is – no massage treatment for 3-6 months		
Cancer		
Fragile bones, osteoporosis or similar		
Recent fractures – depending on where it is – no massage treatment for 3-6 months		
Recent strains or sprains		
Eye infection		
Epilepsy (some moves could bring on a seizure depending upon how severe the condition)		
Infectious and non-infectious skin disorders including shingles, eczema, psoriasis		
Bruising, cuts, open wounds, unhealed tattoos, sunburn		
Infectious scalp disorders/head lice		
Cosmetic surgery, including Botox and fillers		
Hair implants/wigs/extensions/braids etc. Afro-Caribbean hair is extremely delicate		

	Yes	No
Are you currently receiving any other form of complimentary therapy?		
Do you have a contraceptive implant in your arm?		

If you have answered YES to any of the above or if there are any other medication conditions or reasons that may affect treatment, please give details below:

DISCLAIMER

- Upper body massage treatments provided are for general wellness, stress reduction and educational purposes only. They do not constitute professional medical advice, examination, diagnosis, or treatment.
- Your therapist is not a licensed medical doctor, chiropractor, or physiotherapist.
- Holistic massage therapy is intended to relieve muscular tension and promote relaxation, not to cure physical ailments, chronic pain, or structural injuries.
- Please consult your primary care physician or a qualified medical specialist regarding any health condition, recent injuries (such as whiplash or disc issues), or pregnancy. Never delay seeking medical advice or stop current medical treatments because of a session.
- You must inform your therapist of all known medical conditions before your session and speak up immediately if any technique causes discomfort or pain. By receiving these services, you assume full personal responsibility for your health choices and agree that you do so at your own risk.

Name _____

Address: _____

Postcode: _____

D.O.B _____ Age _____

Client Contact Phone Number: _____

Emergency Contact Name and telephone number: _____

If client is under 18 years old, they must be accompanied by a parent/guardian and that person must sign below

Signed client/parent/guardian: _____

Date: _____

